

< October, 2017 >

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Beef tips and rice (GF, DF), sweet peas (GF), crispy apple slices (GF, DF), dinner roll, cake Salad Bar Sandwich Bar Soup: Chicken and Rice (GF) (DF)	3 BBQ chicken drumstick (GF, DF), baked beans (GF, DF), cheesy macaroni, pears with blueberries & strawberries (GF, DF) Nacho Bar Salad Bar	4 Crispy chicken sandwich, let/tom, pickles, french fries (DF), buttered corn (GF), tropical fruit salad (GF, DF) Hot Pockets Salad Bar Soup	5 Baked Potato and Sweet Potato Bar Chicken fingers, tater tots (DF), green beans (GF), strawberry applesauce (GF, DF) Salad Bar	6 Chicken fettuccine alfredo, mixed vegetables (GF, DF), garlic bread, fresh orange slices (GF, DF), cake Salad Bar Sandwich Bar Soup: Tomato Basil (GF)	7
8	9	10 Chicken parmesan, penne pasta, Italian green beans (GF), garlic bread, mandarin oranges (GF, DF) Nacho Bar Salad Bar	11 Grilled chicken sandwich (GF, DF), let/tom & pickles, butter beans (GF), french fries (DF), fresh orange slices (GF, DF) Hot Pockets Salad Bar Soup	12 Baked Potato and Sweet Potato Bar Hamburger (GF, DF), cheese, let/tom, pinto beans (GF, DF), potato wedges (DF), tropical fruit salad (GF, DF) Salad Bar	13 Salad Bar Sandwich Bar Smothered chicken, corn niblets (GF), fruit salad (GF, DF) Soup: White Bean with Ham	14
15	16 Salad Bar Salisbury steak with gravy (DF), butter beans (GF), mashed potatoes, apple slices (GF, DF), dinner roll Sandwich Bar Soup: Corn Chowder	17 BBQ pork sliders (DF), baked beans (GF, DF), macaroni & cheese, fresh orange slices (GF, DF) Nacho Bar Salad Bar	18 Crispy chicken sandwich, let/tom, pickles, waffle fries (DF), carrots & celery sticks with ranch (GF, DF), strawberry applesauce Pizza Bar Salad Bar Soup	19 Baked Potato and Sweet Potato Bar Chicken & dumplings, peas & carrots (GF), sliced peaches (GF, DF), dinner roll Salad Bar	20 Mini corn dogs, corn niblets (GF), chips, fruit salad (GF, DF) Salad Bar Sandwich Bar Soup: Garden Vegetable	21
22	23 Asian meatballs (DF), egg rolls, sweet peas (GF, DF), rice (GF), apple slices (GF, DF) Salad Bar Sandwich Bar Soup: Chicken Noodle	24 Nacho Bar Salad Bar Scrambled eggs, (GF), french toast sticks, maple sausage links (DF), fresh grapes (GF, DF)	25 Beefy italian lasagna, green beans (GF, DF), garlic bread, fruit salad (GF, DF) Hot Pockets Salad Bar Soup	26 Baked Potato and Sweet Potato Bar Chicken soft tacos (DF), let/tom, cheese, salsa, sour cream, black beans (GF, DF), rice (GF), mandarin oranges (GF, DF) Salad Bar	27 Fried chicken (DF), corn niblets (GF, DF), potato wedges (DF), applesauce (GF, DF) Salad Bar Sandwich Bar Soup: Mediterranean Vegetable	28
29	30 Salad Bar Sandwich Bar Soup: Minestrone (DF) Spaghetti with meat sauce (GF, DF), italian green beans (GF, DF), garlic bread, apple slices (GF, DF)	31 Nacho Bar Salad Bar Zesty beef soft taco (GF, DF), let/tom, cheese, salsa & sour cream, corn (GF, DF), rice (GF), fruit salad (GF, DF)				