

St. Luke School
Cheerleading Tryouts 2019-2020

Dates to Remember:

April 12th – Intent forms due by 6:00 pm

April 15th-16th – Clinic 3:30-5:00 pm

April 17th – Clinic 3:30-4:30 pm

April 18th – Tryouts 3:30-4:30 pm

April 19th – 2019-2020 Cheer Squad Roster announced (email)

Thank you for your interest in the St. Luke Cheerleading Team. Please review the following information regarding the SLS Cheer program. Additionally please review the standards for academics and co-curricular activities in the [SLS Athletic Handbook](#).

Please Note: Completion and submission of the [online intent form](#) is required for each girl participating in clinics and tryouts. The deadline to complete the form is April 12th at 6:00 pm. The form may be found by clicking on the following link: <https://payit.nelnet.net/form/2kX1kh4u>

In addition, prior to participating in the clinic, all students interested in trying out must have a completed, up to date [physical form](#) on file. A copy of the form may be found on the [school website](#) under the [Athletics Tab](#).

2019-2020 Cheer Team Tryouts:

Monday, April 15th-Thursday April 18th (closed clinics and tryout)

- The tryout clinic days for the 2019-2020 team will be held **Monday, April 15th -Tuesday, April 16th from 3:30-5:00 pm and Wednesday, April 17th from 3:30-4:30 pm. Clinics will be conducted in the Ministry Center Gym. Team tryouts will be conducted Thursday, April 18th from 3:30-4:30.**

Attendance at clinics is strongly encouraged for participating in cheer team tryouts. If there is a conflict, please contact Mrs. Dow or Coach Bunn prior to tryouts. Please note that the clinics and tryouts are closed to all spectators (e.g. parents, siblings, visitors).

What to Expect at Clinics/Tryouts:

- Cheerleaders will be taught a cheer, chant, dance, and jumps (toe touch, pike, and front hurdler) during the clinic.
- On Thursday, April 18th, the girls will perform twice in groups of four and each girl will have the opportunity to be up front for individual evaluation.

What to Wear:

- Acceptable attire for clinic days includes shorts, t-shirt, cheer shoes or tennis shoes. Hair needs to be pulled back in a ponytail with a bow.
- On Thursday, April 18th every girl trying out for the cheer team should plan to wear black shorts and a plain white t-shirt. Hair must be pulled back in a high ponytail with a bow.

Results:

- The 2019-2020 SLS Cheerleading roster will be communicated by email Friday, April 19th.

Time Commitments:**➤ Summer Session**

Cheerleaders will attend summer camp. We have tentatively scheduled the camp for the week of August 5th at United Cheer. Definite days/times will be communicated upon confirmation from United. The material taught during this camp is very important and necessary for participation in competition as well as pep rallies and games.

The 2019-2020 squad will participate in a blend of cheer activities. We will work throughout the year to provide spirit support and strengthen competitive skills.

Participation in SLS cheer camp attendance is a requirement for each cheerleader.

➤ Practice

Practice times will be determined and announced after the 2019-2020 team tryouts. Effort will be made to accommodate the schedules of all girls. We anticipate one practice per week at United and a second practice at school.

Expenses:

- The participation fee for all cheerleaders on the 2019-2020 team will be \$425.00 which will be billed through ParentsWeb. It will be due in two installments, payable by May 1st and June 15th. The fee includes the use of uniforms, uniform accessories, camp wear, and camp cost. Cheerleaders will need NFINITY cheer shoes, cheer jacket, and pants. Returning cheerleaders may wear their cheer shoes if size and appearance permit.

Other Sports:

- Cheerleading will be considered your primary sport, but cheerleaders are encouraged to try out for other sports. Other current SLS sports available include tennis or cross country in the fall, and golf or soccer in the spring. *Students planning to participate in two sports with concurrent seasons are asked to notify the coaches prior to tryouts. The ability of the student-athletes to participate in sports with concurrent seasons will be at the discretion of the athletic director.*

For more information or additional questions, please contact Faith Dow at fdow@stlukeum.com.